

Couples Massage Workshop



This is an opportunity for couples to learn how to strengthen or reconnect their relationship with their significant other through the power of touch.

Couples will learn how to perform a soothing massage sequence in a safe, therapeutic, and caring manner.



Join me for this introductory, hands-on experiential private workshop. The basic massage techniques of Compression, Effleurage, Petrissage, Friction and Tapotement will be demonstrated.

Partners will have the opportunity to practice the techniques with my guidance. The format will be a brief lecture and demonstration, followed by hands-on practice, ending with a question and answer session. Participants will receive handouts of a sample Massage Sequence.

Your investment in this private Workshop (and your relationship) costs \$299.00.

Valley Massage Therapy

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